

kalorietabel

sushi

	1 stk/kcal
avocado	70
avocado hot	80
laks	76
laks garlic	82
laks spring	76
spicy veggie	70
sweet veggie	70
agurk	60
mango	60

	1 stk/kcal
seafood agurk	77
spicy seafood	80
california	82
happy chicken yummi	86
happy chicken nuts	96
spicy shrimp	80
laks royal	83
mango veggie	73

	1 stk/kcal
laks green	89
laks og rejer	87
california royal	83
laks wasabi	87
spicy yellowtail	92
laks mango	86
alaska	86
happy crispy chicken	109

	1 stk/kcal
tempura royal	99
avocado tempura	105
laks dragon	94
ebi tempura	97
veggie royal	93
tempura nuts	105
happy chicken royal	109
crispy veggie	78
tofu nigiri	82
tigerreje nigiri	82
laks nigiri	103
laks garlic nigiri	105
laks nordic nigiri	106
lynstegt laks nigiri	114
yellowtail nigiri	93
spicy yellowtail nigiri	106

poke bowls

	pr. portion/kcal
poke bowl laks	472
poke bowl yellowtail	493
poke bowl veggie	351
poke bowl nobashi	518
poke bowl happy chicken	421

OBS! Da alt vores mad er håndlavet, er alle tal vejledende gennemsnitsværdier.